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THINK FOOD

School Nutrition Programs

Shipment 8 January 2014

NATIONAL SCHOOL BREAKFAST WEEK

National School Breakfast Week is coming up March 3-7, 2014. This year's theme is "Take Time for School Breakfast." It's time to highlight and grow your breakfast program.

Research shows that starting the day with a nutritious breakfast helps students stay alert and perform better in school. Having breakfast in the morning also helps children develop healthy eating habits and contributes to their overall well-being.

Serving breakfast doesn't have to be a traditional breakfast in your cafeteria. Many schools have found that breakfast in the class room or grab-and-go breakfasts work very well.

Why not use this year's theme to promote and grow your breakfast program. School breakfast is not only convenient and healthy it can be a real timesaver for busy families.



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2014-15 USDA FOODS ORDER

The deadline for placing your USDA Foods order is approaching.

The OPI USDA Foods order form will be closing on **January 24**, **2014**. Be sure to get your order in before the deadline if you have not already done so.

WINTER BID WINNER



The price list for the winter 2014 bid will be emailed to participating schools on January 2, 2014 and the administrative fee invoices for the OPI 2014 winter bid will be mailed on April 10, 2014.

BREAKFAST REPORT

With National Breakfast Week approaching the Food Research and Action Center (FRAC) has put out a new



breakfast report. The new report finds that more principals are supporting breakfast in the classroom to boost participation. If you are interested in starting a breakfast in the classroom program in your school visit the FRAC

web site at: http://frac.org/fracnaesp-joint-report-principals-embracing-breakfast-in-the-classroom/ and download Start the School Day Ready to Learn with Breakfast in the Classroom to Boost Participation to share with your school administration.

FOOD ALLERGY GUIDELINES

The Center for Disease Control and Prevention (CDC) along with the U.S. Department of Education and a number of other federal agencies have developed the <u>Voluntary Guidelines for Managing Food Allergies in Schools and Early Care and Education Centers</u> in fulfillment of the 2011 FDA Food Safety Modernization Act to improve food safety in the United States.

The guidelines provide practical information to develop or strengthen plans for food allergy management and prevention. Also, check out the <u>Food Allergy Guidelines FAQs</u>

For more information on food allergies and to download the guidelines listed above visit the CDC web site at www.cdc.gov/healthyyouth/foodallergies

CDC GENTERS FOR DISEASE CONTROL AND PREVENTION

USDA CHERRIES CANCELLED

After going out for a second bid the USDA was unable to purchase the truckload of 100228 Cherries Red Tart Pitted. The cherry orders will be deleted and the entitlement updated to reflect the cancelled orders.

There are still USDA Foods available for anyone wanting to use their remaining entitlement. The updated entitlement list can be found on the OPI Web site at http://opi.mt.gov/Programs/SchoolPrograms/SchoolNutrition/USDA.html#p76 Pc1_2.

Items still available include cheddar cheese, mozzarella LMPS, mozzarella lite, frozen eggs, diced and fajita turkey deli. chicken. pork roasts. sliced reaular and ham. blueberries, canned and frozen corn, tomato sauce, tomato paste, frozen peas, frozen carrots, potato wedges, vegetable oil, rice, whole grain macaroni, whole grain tortillas and chicken patty tenders

If you want to receive any of the additional frozen items on Shipment 8 email the number of cases you would like to Judy Wilson at juwilson@mt.gov by January 15, 2014. Requests received after that date will be delivered on Shipments 9 and 10.